



The Cougar Cafe

March 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Healthier choices

Fresh made salads, wraps, fruit bowls,
yogurt parfaits, pasta salads, chicken salads,
baked potatoes

Grilled pork chop¹

Salad, fries,
rice & gravy
okra

3	4 Tortellina with meat sauce Salad, fries, corn nuggets, mixed veggies	5 BBQ Chicken tenders Salad, fries, mac & cheese, baked beans	6 Half day	7 Half day	8 Half day	9
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10	Spring break					16
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17	18 Tortellina with meat sauce Salad, fries, corn nuggets, mixed veggies	19 BBQ Chicken tenders Salad, fries, mac & cheese, baked beans	20 Potato bar Salad, fries, broccoli salad, peas	21 Jambalaya Salad, fries, corn, turnip greens	22 Grilled pork chop Salad, fries, rice & gravy okra	23
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24	25 Tortellina with meat sauce Salad, fries, corn nuggets, mixed veggies	26 BBQ Chicken tenders Salad, fries, mac & cheese, baked beans	27 Potato bar Salad, fries, broccoli salad, peas	28 Half day	29 No school	30
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31	Little Cougar Combo Popcorn Ck. pizza, Baked potato corndog or hotdog. Comes W/ one side, juice, water or milk		Quick Cougar Pizza, cheese sticks, fries, salad, popcorn Ck. baked potato, grilled or crispy Ck. sandwich			
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